



NAVY-MARINE CORPS  
RELIEF SOCIETY®  
VISITING NURSE PROGRAM

# PREGNANCY & POSTPARTUM SUPPORT GROUP

SECOND TUESDAY OF THE MONTH FROM 11:00 TO 12:00

TARAWA TERRACE COMMUNITY CENTER

Questions? - Call 910-451-5346 or email: [natatia.depaoli@nmcrs.org](mailto:natatia.depaoli@nmcrs.org)



**Grow your support community by connecting with other parents and learning about local resources for you and your baby. An infant scale will be available to anyone wishing to have their baby weighed.**